

RESOLUTION 2019 – 4

PROCLAIMING MAY 2019 AS MENTAL HEALTH AWARENESS MONTH AND EDUCATION DAY MAY 5

WHEREAS, Mental Health Awareness Month strives to raise awareness and educate the public about mental illnesses, and strategies for attaining mental health and wellness.

WHEREAS, Myriad Nueroscience is a Mason based precision medicine company dedicated to helping patients suffering from depression, ADHD or chronic pain get on the right medication so they can live active, fulfilling lives; and

WHEREAS, The Genesight test was developed in the Myriad Nueroscience clinical laboratory has assisted more than one million people on the path to wellness

WHEREAS, Lindner Center of HOPE advocates for mental health and wellness as a core focus for every individual in the community; and

WHEREAS, 60 million people in the United States face the day-to-day reality of living with a mental illness.

WHEREAS, 1 in 5 adults in the U.S. – 43.8 million, or 18.5% experience mental illness in a given year.

WHEREAS, Only 41% of adults with a mental health condition received help and less than 50% of children 8-15 received mental health services.

WHEREAS, Lindner Center of HOPE, working in affiliation with the University of Cincinnati (UC) College of Medicine is leading some of today's most progressive mental health research. Researchers have been instrumental in bringing six new drugs to market for depression and bipolar disorder for improved therapeutic efficacy and safety.

WHEREAS, the Lindner Center of HOPE clinician-scientists have published over 800 scientific articles, received over \$15 million in grants at UC, and \$2 million in grants since opening.

WHEREAS, Education is the key to understanding and the most important factor in breaking down stigma so that individuals and families will seek life-changing help.

NOW, THEREFORE, I, Victor Kidd, Mayor of Mason, Ohio, on behalf of the Mason City Council, do hereby proclaim May 5, 2019 as mental illness and addiction Education Day to kick off May as Mental Health Month and thereby call upon the community to increase awareness, seek education and grow understanding of mental health and addiction, doing their part to eradicate the stigma and encourage people to get help.

Passed this 22nd day of April, 2019.

Attest:

Mayor Victor Kidd

Lisa Ahr, Clerk of Council